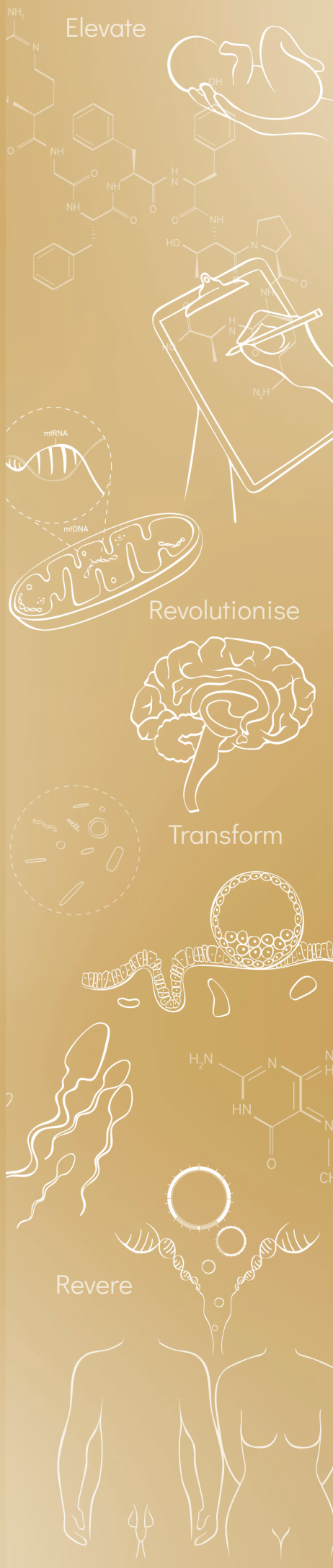
DR LEAH HECHTMAN PHD



2027 Intake Certification Suite Overview

Training in Fertility, Gynaecology and Obstetrics

drleahhechtman.com

Three flagship certifications.
One continuum — to revere the human body.

Advanced Fertility Certification (AFC),
Integrative Obstetrics Certification (IOC),
and **Integrative Gynaecology Certification (IGC)**
form the cornerstone of integrative reproductive medicine education.

Each is designed to expand beyond protocol and prescription, inviting practitioners to understand, explore, and revere the human body in its full intelligence. Their offering is to remember what drew you to this field – curiosity, compassion, and the courage to look deeper.



I've been teaching for as long as I can remember — first to imaginary students as a child, and now to practitioners around the world. My approach has always been the same: enquire deeply, seek understanding, and share it generously, with reverence for the complexity of the human body.

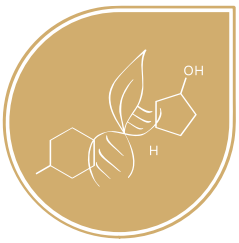
These certifications aren't about the next prescription; they're about the language of the body — grounded in the most current science, informed by the deepest research, and delivered with respect for the quiet wisdom that connects it all.

Teaching is my expression of gratitude. It keeps me humble, curious, and connected to the unfolding intelligence of the human body.

— Dr Leah Hechtman

Advanced Fertility Certification

Elevate Your Professional Expertise



AFC is a specialised certification that elevates clinical mastery in fertility and integrative medicine. Combining cutting-edge research with advanced naturopathic and functional approaches, it offers a rigorous, immersive framework for practitioners to deepen their diagnostic insight, refine therapeutic strategies, and lead in fertility care.

Intro option below

Integrative Obstetrics Certification

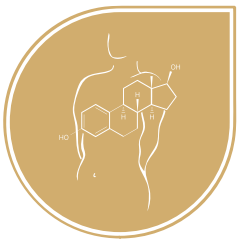
Transforming Dyadic Obstetrics



IOC is built on the maternal–fetal dyad, integrating obstetrics (maternal health), embryo–fetal development (the growing child) and placentology (the organ that unites them). This framework ensures every dimension of pregnancy is addressed with precision and depth.

Integrative Gynaecology Certification

Revolutionise Women's Health



IGC deepens clinical expertise in women's reproductive health through a comprehensive, evidence-based, integrative approach. By exploring the critical intersections of gynaecology, reproductive science, natural medicine, and the innate wisdom of the body, it revolutionises the way you practise. It equips practitioners to navigate complexity and restore true balance in every phase of a woman's life.

Next intake	Starting 15 February 2027
Duration	44 weeks
Lectures	38
Live Mentorship	Weekly 60-minute Office Hours with Dr Leah and fellow clinicians
Total Training	300 hours (44 weeks, 6-7 hours per week)
Format	Pre-recorded lectures, Office Hours, podcasts, bonus materials, assessments (applied, practice-based; required for certification), private forum
Access	Access for the duration of the course; ongoing access via Alumni Enrolment
Entry	Application only (limited places)

Foundational Fertility Certification

Introduction course to AFC — Weeks 1–15 only

Build Core Foundations — 60 hours

FFC lays the foundation for integrative fertility care, providing essential training in the fundamental principles and clinical frameworks that underpin effective fertility practice. Designed as the first 15 weeks of AFC, it can be completed as a standalone certification or as a direct pathway into the full Advanced Fertility Certification.

Tuition & Payment Options

Course	Tuition per course*	Payment options**	Due
AFC IOC IGC	$11,500 AUD $2,000 deposit	Pay in full: $9,500 balance 2 payments: 2 × $4,893 10 payments: 10 × $1,036	Jan 2027 Jan/July 2027 Jan-Oct 2027
FFC Week 1-15	$3,750 AUD $1,000 deposit	Pay in full: $2,750 balance 2 payments: 2 × $1,416	Jan 2027 Jan/April 2027
Pathway to AFC Week 16-44	$7,750 AUD Total $11,500 (equal to AFC upfront)	Pay in full: $6,750 balance 2 payments: 2 × $3,476	May 2027 May/Aug 2027

*Includes GST **Totals shown include the deposit. Two and ten payment plans carry an administration loading of 3% and 9% respectively. FFC plus Pathway to AFC equals the AFC fee.

Multiple Enrolment Discount

An individual enrolling in more than one certification in the same intake receives a discount on each certification: 2 certifications receive 5% off (2 payment instalments available), 3–4 certifications receive 10% off (2 payment instalments available), and 5+ certifications receive 15% off (2 or 10 payment instalments available). Please enquire for more information.

Add-ons

- Private clinic Office Hours – price on application
- Recognition as Certified Integrative Clinic Member (≥3 graduates)
  Clinics recognised for their alignment with the principles and clinical standards taught through Leah Hechtman's Integrative Certifications.

Application Process & Timeline

Key Dates

Applications open	November 2026
Deposit deadline	11 December 2026
Orientation	February 2027
Course start	15 February 2027
Mid-year break	5–12 July 2027
Course end	13 December 2027

Steps to Apply

- Submit online application
- Application reviewed; conditional offer issued
- Pay deposit within 7 days
- Tuition balance due or instalments begin (January 2027)
- Orientation opens; teaching begins 15 February 2027

Alumni Enrolment

Tier	Inclusions	Annual Fee*
Resource Access	Updated lecture recordings, bonus materials, podcasts	$1,500 AUD
Resource + Office Hours	As above + monthly 60-min alumni-only OH (case analysis)	$2,500 AUD
Full Audit	Full re-enrolment of lectures, Office Hours, forums etc.	$4,500 AUD

*Payment plans available. Includes GST.
Alumni tiers replace post-completion access to course materials.

Program Content Breakdowns

Advanced Fertility Certification

Click to learn more ↗



Week	DD/MM/YY	Module	Lecture
1	15/02/2027	**Foundational Fertility**	Fertility and conception
2	22/02/2027	Click to learn more ↗	Assessing the female
3	01/03/2027		Assessing the male
4	08/03/2027		Fertility and the female microbiome
5	15/03/2027		Fertility and the male microbiome
6	22/03/2027		Impact of environmental medicine - female
7	29/03/2027		Impact of environmental medicine - male
8	05/04/2027		Nutritional medicine (supplemental) - female
9	12/04/2027	Break	
10	19/04/2027		Nutritional medicine (supplemental) - male
11	26/04/2027		Nutritional medicine (dietary) - female
12	03/05/2027		Nutritional medicine (dietary) - male
13	10/05/2027		Herbal medicine - female
14	17/05/2027		Herbal medicine - male
15	24/05/2027		Sexual health and conception
16	31/05/2027	Break	
17	07/06/2027	Female Fertility	Endocrinology
18	14/06/2027		Oocyte quality, reserve and ovulation
19	21/06/2027		Implantation, endometrial receptivity
20	28/06/2027		Methylation and ovarian function
21	05/07/2027	Break	
22	12/07/2027		
23	19/07/2027		Immunology and female fertility
24	26/07/2027		Advanced age
25	02/08/2027	Male Fertility	Endocrinology
26	09/08/2027		Sperm and semen quality
27	16/08/2027		Methylation and sperm function
28	23/08/2027		Immunology and male fertility
29	30/08/2027		Advanced age
30	06/09/2027	Couple Fertility	Gametogenesis and fertilisation
31	13/09/2027		Genetics
32	20/09/2027		Nutrigenomics
33	27/09/2027		Mitochondrial function and mtDNA
34	04/10/2027	Break	
35	11/10/2027	Assistance/ART	IVF, IUI
36	18/10/2027		Male factor ART
37	25/10/2027		Female factor ART
38	01/11/2027		Donor cycles
39	08/11/2027	Pregnancy Loss	Miscarriage: Trimester one
40	15/11/2027		Miscarriage: Trimester two
41	22/11/2027		Late loss and stillbirth
42	29/11/2027		ART and miscarriage
43	06/12/2027	Break	
44	13/12/2027	Integration	Putting it all together

Integrative Obstetrics Certification

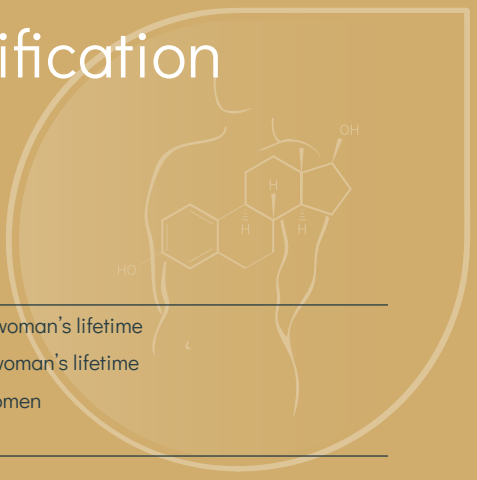
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Week	DD/MM/YY	Module	Preg. Weeks	Lecture
1	15/02/2027	Foundational		Creating obstetric care practice
2	22/02/2027			Assessments throughout pregnancy
3	01/03/2027			Nutritional medicine (dietary)
4	08/03/2027			Nutritional medicine (supplemental)
5	15/03/2027			Herbal medicine
6	22/03/2027			Lifestyle medicine and emotional wellbeing
7	29/03/2027			Integration and safe prescriptions
8	05/04/2027			Singleton vs multiple pregnancies
9	12/04/2027	Break		
10	19/04/2027	First Trimester	0-6	Creating life - how do we actually make a baby?
11	26/04/2027			Weeks 0–6: Developments and nutritional requirements
12	03/05/2027			Maternal and fetal immunology
13	10/05/2027		7-12	Trimester 1: Developments and nutritional requirements
14	17/05/2027			Nausea, vomiting and hyperemesis gravidarum
15	24/05/2027			Reflux, GORD, electrolytes and biochemistry
16	31/05/2027	Break		
17	07/06/2027	Second Trimester	13-18	Trimester 2, part 1: Developments and nutritional requirements
18	14/06/2027			Placentology and complications
19	21/06/2027		19-24	Trimester 2, part 2: Developments and nutritional requirements
20	28/06/2027			Anaemia and haemodilution
21	05/07/2027	Break		
22	12/07/2027			
23	19/07/2027			Thrombocytopenia and HELLP
24	26/07/2027			Methylation in pregnancy, embryology and placentation
25	02/08/2027			Fetal growth restriction (IUGR/FGR)
26	09/08/2027	Third Trimester	25-30	Trimester 3, part 1: Developments and nutritional requirements
27	16/08/2027			Blood sugars, GDM, weight and endocrinology
28	23/08/2027			Liver, gall bladder and cholestasis
29	30/08/2027			Histamine and PUPPP
30	06/09/2027		31-36	Trimester 3, part 2: Developments and nutritional requirements
31	13/09/2027			Labour preparation
32	20/09/2027			Hypertension, pre-eclampsia and eclampsia
33	27/09/2027			Pregnancy infections
34	04/10/2027	Break		
35	11/10/2027		37-Delivery	Trimester 3, part 3: Developments and nutritional requirements
36	18/10/2027			Pregnancy microbiome
37	25/10/2027			Birth preparation and support
38	01/11/2027			Labour
39	08/11/2027	Fourth Trimester	1-6 PP	Postpartum support: Developments and nutritional requirements
40	15/11/2027			Breastfeeding
41	22/11/2027			Neonatology
42	29/11/2027		7-12 PP	Maternal brain and identity in the fourth trimester
43	06/12/2027	Break		
44	13/12/2027	Integration		Putting it all together

Integrative Gynaecology Certification

Click to learn more ↗



Week	DD/MM/YY	Module	Lecture
1	15/02/2027	Foundations	Brain changes throughout a woman's lifetime
2	22/02/2027		Body changes throughout a woman's lifetime
3	01/03/2027		Assessing and supporting women
4	08/03/2027		The menstrual cycle
5	15/03/2027	Reproductive Years	Menstrual irregularities
6	22/03/2027		Contraception
7	29/03/2027		PMS, PMDD
8	05/04/2027	Pre and Perimenopause	Stages, well woman's health management
9	12/04/2027	Break	
10	19/04/2027		Biological vs chronological age, bioidentical HRT / MHT and choices
11	26/04/2027	Menopause and Beyond	Cognitive and neurological
12	03/05/2027		Cardiovascular
13	10/05/2027		Structural and skeletal
14	17/05/2027	Breasts	The breasts
15	24/05/2027		Breast health: Fibrocystic breast changes, breast cysts, fibroadenomas
16	31/05/2027	Break	
17	07/06/2027	Ovaries	The ovaries
18	14/06/2027		Oogenesis and folliculogenesis
19	21/06/2027		Ovarian cysts, dermoid cysts
20	28/06/2027		PCOS
21	05/07/2027	Break	
22	12/07/2027		
23	19/07/2027		Premature ovarian insufficiency (POI)
24	26/07/2027	Uterus	The uterus
25	02/08/2027		Endometritis, uterine polyps
26	09/08/2027		Endometriosis
27	16/08/2027		Adenomyosis
28	23/08/2027		Fibroids
29	30/08/2027	Peritoneum	The peritoneum and peritoneal fluid
30	06/09/2027		Pelvic inflammatory disease
31	13/09/2027	Fallopian Tubes	Fallopian tube health, hydrosalpinx
32	20/09/2027	Cervix	The cervix
33	27/09/2027		Cervical health - polyps, cervicitis
34	04/10/2027	Break	
35	11/10/2027		Cervical health - dysplasia and HPV
36	18/10/2027	Vagina and Vulva	The vagina
37	25/10/2027		Vaginal health and ecology
38	01/11/2027		Vaginismus
39	08/11/2027	Sexual Health	Libido
40	15/11/2027		Orgasm
41	22/11/2027	Feminine Energetics	The true feminine
42	29/11/2027	Overall	Supporting women through their life
43	06/12/2027	Break	
44	13/12/2027	Integration	Putting it all together

FAQs

Who is eligible?
Practitioners or students in health/medicine or aligned fields.

Are places limited?
Yes, there are capped enrolments per program to keep the sessions intimate.

What if I miss a live Office Hours?
No worries, recordings are provided within 48 hours.

Can I defer?
Only in exceptional circumstances ($500 admin fee).

Are assessments graded?
They are applied/practice-based; required for certification.

Can I enrol in more than one certification in the same year?
Yes. All three run concurrently on the same 44-week calendar, with separate lectures and Office Hours for each (back-to-back on Tuesday mornings). Practitioners taking two should allow 12–14 hours a week.

How much time should I allow each week?
Around 6–7 hours: a 60–90 minute pre-recorded lecture, the weekly 60-minute Office Hours, and reading, case work and assessment preparation. Total training is 270–300 hours over 44 weeks.

Do I need AFC or FFC before enrolling in IGC or IOC?
No. Each certification is a standalone program and is open to practitioners or students in health, medicine or aligned fields.

What do the assessments involve and when are they due?
Assessments are applied and practice-based: two case analyses submitted at the end of each module block. They are not graded; they are reviewed for completion and clinical reasoning and are required for certification.

When are lectures released?
Each week's lecture is released Monday morning, Sydney time, ahead of Tuesday Office Hours, and remains available, together with all Office Hours recordings, for the duration of your enrolment.

Is the training recognised for CPD?
Most associations accept these certifications under self-directed or independent CPD. A certificate of hours (270–300) is issued on completion for your CPD record.

T&Cs

All fees are in AUD and include GST. Instalment fees include administrative loading for payment plans; all 2027 fees confirmed through December 2027. Deposit non-refundable. Withdrawal before 15 February 2027: tuition refunded minus deposit. Withdrawal after 15 February 2027: no refunds. Deferral: exceptional only; $500 admin fee. Refer to website for full T&Cs and refund policy.

Join us and apply today ↗

If you have any questions about enrolment or choosing the right course for you, please reach out to our team at education@drleahhechtman.com. We're happy to help.

DR LEAH HECHTMAN PHD

drleahhechtman.com