

2026 Intake Certification Suite Overview

Training in Fertility, Gynaecology and Obstetrics
Transform | Revolutionise | Elevate | Revere

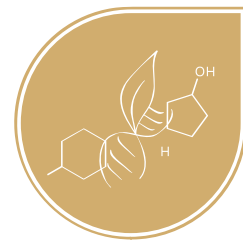
Three flagship certifications.
One continuum — to revere the human body.

**Advanced Fertility Certification (AFC),
Integrative Gynaecology Certification (IGC),
and Integrative Obstetrics Certification (IOC)**
form the cornerstone of integrative reproductive
medicine education.

Each is designed to expand beyond protocol
and prescription, inviting practitioners to
understand, explore, and revere the human
body in its full intelligence. Their offering is to
remember what drew you to this field - curiosity,
compassion, and the courage to look deeper.



**Advanced Fertility
Certification**
Elevate Your Professional
Expertise



AFC is a specialised certification that elevates clinical mastery in fertility and integrative medicine. Combining cutting-edge research with advanced naturopathic and functional approaches, it offers a rigorous, immersive framework for practitioners to deepen their diagnostic insight, refine therapeutic strategies, and lead in fertility care.

Intro option below

**Integrative Obstetrics
Certification**
Transforming Dyadic
Obstetrics



IOC is structured on the triad of pregnancy care - obstetrics (maternal health), embryo-foetal development (the growing child), and placentology (placental function) - harnessing their synergy to support mother, child, and placenta in unison. This integrative framework ensures every dimension of pregnancy is addressed with precision and depth. Transforming obstetric care to transform your practice.

**Integrative Gynaecology
Certification**
Revolutionise Women’s
Health



IGC deepens clinical expertise in women’s reproductive health through a comprehensive, evidence-based, integrative approach. By exploring the critical intersections of gynaecology, reproductive science, natural medicine, and the innate wisdom of the body, it revolutionises the way you practise. It equips practitioners to navigate complexity and restore true balance in every phase of a woman’s life.



I’ve been teaching for as long as I can remember - first to imaginary students as a child, and now to practitioners around the world. My approach has always been the same: enquire deeply, seek understanding, and share it generously, with reverence for the complexity of the human body.

These certifications aren’t about the next prescription; they’re about the language of the body - grounded in the most current science, informed by the deepest research, and delivered with respect for the quiet wisdom that connects it all.

Teaching is my expression of gratitude. It keeps me humble, curious, and connected to the unfolding intelligence of the human body.

— Dr Leah Hechtman

Next intake	Start: 2 February 2026 - End: 30 November 2026
Duration	44 weeks
Lectures	38
Live Mentorship	Weekly 60min Q&A Office Hours with Dr Leah and fellow clinicians
Total Training	270–300 hours
Format	Pre-recorded lectures, office hours, podcasts, bonus materials, assessments, private forum
Access	2 years post-completion
Entry	Application only (limited places)

Foundational Fertility Certification

Introduction course to AFC — Weeks 1-15 only

Build Core Foundations

FFC lays the foundation for integrative fertility care, providing essential training in the fundamental principles and clinical frameworks that underpin effective fertility practice. Designed as the first 15 weeks of AFC, it can be completed as a standalone certification or as a direct pathway into the full Advanced Fertility Certification.



Tuition & Payment Options

Course	Tuition	Deposit	Installments	Due
AFC, IOC, IGC	\$11,500 AUD Per course	\$2,000	1 × \$9,500	February 2026
			2 × \$4,893 (+3 %)	February/May 2026
			4 × \$2,494 (+5 %)	Feb/May/Aug/Nov 2026
			10 × \$1,036 (+9 %)	February–November 2026
FFC Week 1-15	\$3,750 AUD	\$1,000	1 × \$2,750 2 × \$1 416 (+3 %)	February 2026 February/April 2026
Pathway to AFC Week 16-44	\$7,750 AUD Total \$11,500 (same as AFC)			July 2026

*Includes GST

Clinic Enrolments

Enrolments Per Practitioner	Discount	Fee*	Options
1	0%	\$11,500 AUD	As per individual enrolment
2	5%	\$10,925 AUD	Upfront or semester split
3–4	10%	\$10,350 AUD	Upfront or semester split
5+	15%	\$9,775 AUD	Upfront only

*Incl. GST . Single grouped invoice.

Add-ons

- Private clinic office hour POA
- Recognition as Certified Integrative Clinic Member (≥3 graduates)
Clinics recognised for their alignment with the principles and clinical standards taught through Leah Hechtman’s Integrative Certifications.

Application Process & Timeline

Key Dates

- Applications open
October 2025
- Deposit deadline
December 2025
- Orientation
Mid-January 2026
- Course start
2 February 2026
- Mid-year break
6–19 July 2026
- Course end
30 November 2026

Steps to Apply

- Submit online application
- Conditional offer reviewed
- Pay deposit within 7 days
- Tuition balance due or instalments begin (January 2026)
- Orientation opens mid-Jan; teaching begins (2 February 2026)

Alumni Enrolment

Tier	Inclusions	Annual Fee* Incl. GST
Resource Access	Updated lecture recordings, bonus materials, podcasts	\$1,500 AUD
Resource + Office Hours	As above + monthly 60-min alumni-only OH (case analysis)	\$2,500 AUD
Full Audit	Full re-enrolment (lectures + OH)	\$4,500 AUD

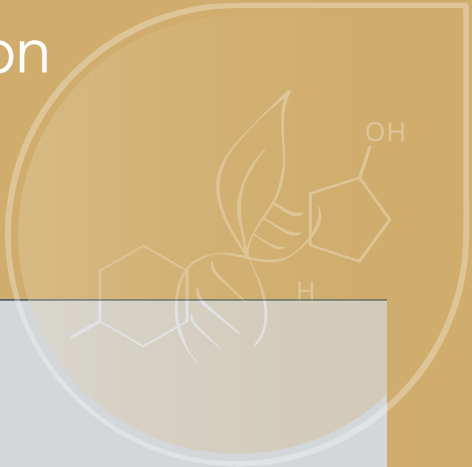
*Payment plans available

Program Content Breakdowns



Advanced Fertility Certification

Click to learn more ↗



Week	DD/MM/YY	Module	Lecture
1	02/02/26	Foundational Fertility	Fertility and conception
2	09/02/26		Assessing the female
3	16/02/26		Assessing the male
4	23/02/26		Fertility and the female microbiome
5	02/03/26		Fertility and the male microbiome
6	09/03/26		Impact of environmental medicine - female
7	16/03/26		Impact of environmental medicine - male
8	23/03/26	Break	
9	30/03/26		Nutritional medicine (supplemental) - female
10	06/04/26		Nutritional medicine (supplemental) - male
11	13/04/26		Nutritional medicine (dietary) - female
12	20/04/26		Nutritional medicine (dietary) - male
13	27/04/26		Herbal medicine - female
14	04/05/26		Herbal medicine - male
15	11/05/26		Sexual health and baby making
16	18/05/26	Break	
17	25/05/26	Female Fertility	Endocrinology
18	01/06/26		Oocyte quality, reserve and ovulation
19	08/06/26		Implantation, endometrial receptivity
20	15/06/26		Methylation and ovarian function
21	22/06/26		Immunology and female fertility
22	29/06/26		Advanced age
23	06/07/26	Break	
24	13/07/26		
25	20/07/26	Male Fertility	Endocrinology
26	27/07/26		Sperm and semen quality
27	03/08/26		Methylation and sperm function
28	10/08/26		Immunology and male fertility
29	17/08/26		Advanced age
30	24/08/26	Couple Fertility	Gametogenesis and fertilisation
31	31/08/26		Genetics
32	07/09/26		Nutrigenomics
33	14/09/26		Mitochondrial function and mtRNA
34	21/09/26	Break	
35	28/09/26	Assistance/ART	IVF, IUI
36	05/10/26		Male factor ART
37	12/10/26		Female factor ART
38	19/10/26		Donor cycles
39	26/10/26	Pregnancy Loss	Miscarriage - trimester one
40	02/11/26		Miscarriage - trimester two
41	09/11/26		Miscarriage - trimester three
42	16/11/26		ART and miscarriage
43	23/11/26	Break	
44	30/11/26	Integration	Putting it all together



Integrative Obstetrics Certification

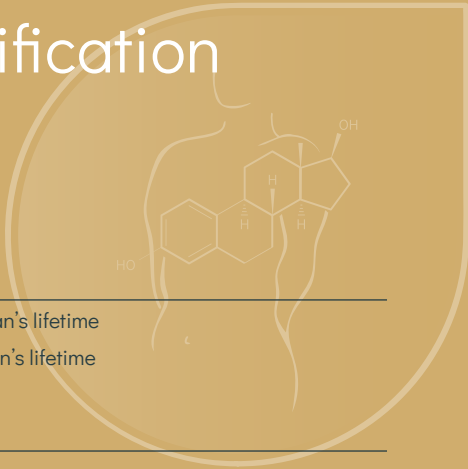
Click to learn more ↗



Week	DD/MM/YY	Module	Preg. Weeks	Lecture
1	02/02/26	Foundational Principles		Creating obstetric care practice
2	09/02/26			Assessments throughout pregnancy
3	16/02/26			Nutritional medicine (dietary)
4	23/02/26			Nutritional medicine (supplemental)
5	02/03/26			Herbal medicine
6	09/03/26			Lifestyle medicine and emotional wellbeing
7	16/03/26			Integration and safe prescriptions
8	23/03/26	Break		
9	30/03/26			Singleton vs multiple pregnancies
10	06/04/26	First Trimester	0-6	Creating life - how do we actually make a baby?
11	13/04/26			Foundational support: Developments and nutritional requirements
12	20/04/26			Maternal and foetal immunology
13	27/04/26		7-12	Trimester 1: Developments and nutritional requirements
14	04/05/26			Nausea, HG and emesis
15	11/05/26			Reflux, GORD, electrolytes and biochemistry
16	18/05/26	Break		
17	25/05/26	Second Trimester	13-18	Trimester 2, part 1: Developments and nutritional requirements
18	01/06/26			Placentology and complications
19	08/06/26		19-24	Trimester 2, part 2: Developments and nutritional requirements
20	15/06/26			Anaemia and haemodilution
21	22/06/26			Thrombocytopaenia and HELLP
22	29/06/26			Methylation in pregnancy, embryology and placentation
23	06/07/26	Break		
24	13/07/26			
25	20/07/26	Third Trimester	25-30	Growth and IUGR
26	27/07/26			Trimester 3, part 1: Developments and nutritional requirements
27	03/08/26			Blood sugars, GDM, weight and endocrinology
28	10/08/26			Liver, gall bladder and cholestasis
29	17/08/26		31-36	Histamine, PUPPS
30	24/08/26			Trimester 3, part 2: Developments and nutritional requirements
31	31/08/26			Labour preparation
32	07/09/26			HT, preeclampsia and eclampsia
33	14/09/26			Pregnancy infections
34	21/09/26	Break		
35	28/09/26		37-Delivery	Trimester 3, part 3: Developments and nutritional requirements
36	05/10/26			Pregnancy microbiome
37	12/10/26			Birth preparation and support
38	19/10/26			Labour
39	26/10/26	Fourth Trimester	1-6 PP	Post partum support: Developments and nutritional requirements
40	02/11/26			Breastfeeding
41	09/11/26		7-12 PP	Neonatology
42	16/11/26			Recreating stability - brain and changes of self
43	23/11/26	Break		
44	30/11/26	Integration		Putting it all together

Integrative Gynaecology Certification

Click to learn more ↗



Week	DD/MM/YY	Module	Lecture
1	02/02/26	Gynaecology	Brain changes throughout a woman's lifetime
2	09/02/26		Body changes throughout a woman's lifetime
3	16/02/26		Assessing and supporting women
4	23/02/26		The menstrual cycle
5	02/03/26	Reproductive Years	Menstrual irregularities
6	09/03/26		Contraception
7	16/03/26		PMS, PMDD
8	23/03/26	Break	
9	30/03/26	Pre and Peri Menopause	Stages, well woman's health management
10	06/04/26		Biological vs chronological age, bHRT and choices
11	13/04/26	Menopause +	Cognitive and neurological
12	20/04/26		Cardiovascular
13	27/04/26		Structural and skeletal
14	04/05/26	Breasts	The breasts
15	11/05/26		Breast health - Fibrocystic breast changes, breast cysts, fibroadenomas
16	18/05/26	Break	
17	25/05/26	Ovaries	The ovaries
18	01/06/26		Oogenesis and folliculogenesis
19	08/06/26		Ovarian cysts, dermoid cysts
20	15/06/26		PCOS
21	22/06/26		POI
22	29/06/26	Uterus	The uterus
23	06/07/26		
24	13/07/26	Break	
25	20/07/26	Uterus	Uteritis, uterine polyps
26	27/07/26		Endometriosis
27	03/08/26		Adenomyosis
28	10/08/26		Fibroids
29	17/08/26	Peritoneum	The peritonium and peritoneal fluid
30	24/08/26		Pelvic inflammatory disease
31	31/08/26	Fallopian Tubes	Fallopian tube health, hydrosalpinx
32	07/09/26	Cervix	The cervix
33	14/09/26		Cervical health - polyps, cervicitis
34	21/09/26	Break	
35	28/09/26		Cervical health - dysplasia and HPV
36	05/10/26	Vagina and Vulva	The vagina
37	12/10/26		Vaginal health and ecology
38	19/10/26		Vaginismus
39	26/10/26	Sexual Health	Libido
40	02/11/26		Orgasm
41	09/11/26	Energetic	The true feminine
42	16/11/26	Overall	Supporting women through their life
43	23/11/26	Break	
44	30/11/26	Integration	Putting it all together

FAQs

Who is eligible?

Practitioners or students in health/medicine or aligned fields.

Are places limited?

Yes, there are capped enrolments per program to keep the sessions intimate.

What if I miss a live Office Hours?

No worries, recordings are provided.

Can I defer?

Only in exceptional circumstances (\$500 admin fee).

Are assessments graded?

They are applied/practice-based; required for certification.

When are Office Hours scheduled?

Office Hours will alternate each fortnight to suit different time zones - one fortnight will offer Northern Hemisphere-friendly times, and the next will offer Southern Hemisphere-friendly times.

T&Cs

All fees are in AUD and include GST. Instalment fees include administrative loading for payment plans; all 2026 fees confirmed through December 2026. Deposit non-refundable. Withdrawal before 2 February 2026: tuition refunded minus deposit. Withdrawal after 2 February 2026: no refunds. Deferral: exceptional only; \$500 admin fee. Refer to website for full T&Cs and refund policy.

Join, enrol today [↗]

DR LEAH HECHTMAN ^{PHD}